



TASTE THE WORLD

Salt and Pepper

Did you know that ancient Egyptians used both salt and pepper as part of the mummification ritual? And that all salt comes from the seas? Or that pepper originally grew in only one place in the world? You'll learn this and more in World Book's *Taste the World! Salt and Pepper*. Along the way, you'll find fun food facts and learn how to make some tasty recipes!

What did you learn?

QUESTIONS

- All salt comes from the ...
 - Sea
 - Ground
 - Rain
 - Trees
- The type of salt that is found in most salt shakers is ...
 - Sea salt
 - Kosher salt
 - Table salt
 - Himalayan salt
- The type of peppercorn that is hot, spicy, and a bit fruity is the ...
 - Black peppercorn
 - Red peppercorn
 - White peppercorn
 - Green peppercorn
- The amount of salt that an adult's body contains is about ...
 - 8.8 ounces
 - 7.7 ounces
 - 6.6 ounces
 - 5.5 ounces
- In 1930, who led a "salt march for freedom" to protest against British rule?
- Tellicherry black pepper comes from which country?

TRUE OR FALSE?

- | | |
|---|---|
| _____ 1. Every cell in your body contains salt. | _____ 4. Although Brazil is a major grower of pepper, most Brazilians don't like pepper or spicy foods. |
| _____ 2. Ground pepper loses its flavor and aroma within 60 days. | _____ 5. Pepper has been called the "king of condiments." |
| _____ 3. Pepper originates from India. | _____ 6. The largest operating salt mine in the world is in Canada. |

ANSWERS

- 1. a. Sea.** According to the section "A Look at Sea Salt ... and Rock Salt" on page 8, we know that "No matter where you find it, all salt comes from the seas!" So, the correct answer is A.
- 2. c. Table salt.** According to the section "A Look at Some Common Types of Salt" on page 18, we know that "This is the salt in most salt shakers ... Table salt is white and made up of fine grains that appear as perfect tiny cubes." So, the correct answer is C.
- 3. b. Red peppercorn.** According to the section "A Look at the Pepper Plant" on page 31, we know that "Red peppercorns are hot and spicy and a bit fruity tasting." So, the correct answer is B.
- 4. a. 8.8 ounces.** According to the section "What Is Salt?" on page 6, we know that "An adult's body contains 8.8 ounces of salt." So, the correct answer is A.
- 5.** According to page 23, Indian leader Mohandas K. Gandhi led 78 followers on a 240 mile salt march.
- 6.** According to page 32, Tellicherry black pepper comes from Kerala in India.

TRUE OR FALSE? ANSWERS

- 1. True.** According to the section "What Is Salt?" on page 6, we know that "Every cell in your body contains salt!" So, the correct answer is True.
- 2. False.** According to the section "What Is Pepper?" on page 29, we know that "The outer shell of the whole peppercorn seals in the flavor but once it is ground, it loses flavor and aroma within 30 days." So, the correct answer is False.
- 3. True.** According to the section "India" on page 32, we know that "Unlike salt, which can be found or made just about everywhere in the world, pepper originally grew in only one place—India." So, the correct answer is True.
- 4. True.** According to the section "New World" on page 42, we know that "Although Brazil is a major grower of pepper, most Brazilians do not much like black pepper or spicy foods!" So, the correct answer is True.
- 5. False.** According to the section "What Is Salt?" on page 6, we know that "Since ancient times, people have prized salt for its ability to give flavor to food. It has been called the 'king of condiments!'" So, the correct answer is False.
- 6. True.** According to the section "A Look at Sea Salt ... and Rock Salt" on page 9, we know that "The largest operating salt mine in the world is in Goderich in Ontario, Canada." So, the correct answer is True.