



LEARNING LADDERS

My Body

In *My Body*, learn about your amazing body, including how you run and jump, hear and see, touch and taste.

What did you learn?

QUESTIONS

1. Inside your body, you have ...
 - a. Less than 50 bones
 - b. About 100 bones
 - c. About 150 bones
 - d. Over 200 bones
2. When you look through a magnifying glass everything seems ...
 - a. Really big
 - b. Really small
 - c. Mostly the same
 - d. More colorful
3. Cookies and cakes are sweet because they have ...
 - a. Salt
 - b. Sugar
 - c. Flour
 - d. Baking soda
4. Your body is mostly ...
 - a. Water
 - b. Blood
 - c. Fruit juice
 - d. Sweat
5. Which is the longest bone in your body?
6. Which helps you bend and stretch your body—muscles or blood?

TRUE OR FALSE?

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| _____ 1. Girls and boys look different from each other, so their bodies don't work the same. | _____ 4. Sea urchins are fun to touch. |
| _____ 2. Dancing isn't a very good way to exercise. | _____ 5. If you cut your skin, you should wear a bandage while it mends. |
| _____ 3. The organs do things like help you eat, breathe, and think. | _____ 6. A short nap will give your body a rest. |

ANSWERS

- 1. d. Over 200 bones.** According to section "Bones" on page 6, we know that "Inside your body, you have more than 200 hard bones that are different shapes and sizes." So, the correct answer is D.
- 2. a. Really big.** According to section "See and hear" on page 17, we know that "When you look through a magnifying glass, everything seems really big." So, the correct answer is A.
- 3. b. Sugar.** According to section "Taste and smell" on page 20, we know that "Cookies and cakes are baked with lots of sugar to make them taste sweet." So, the correct answer is B.
- 4. a. Water.** According to section "Did you know?" on page 26, we know that "Your body is mostly water." So, the correct answer is A.
- 5.** According to page 7, the "longest and strongest bone in your body is your top leg bone."
- 6.** According to page 8, "muscles under your skin help you bend and stretch your body."

TRUE OR FALSE? ANSWERS

- 1. False.** According to section "My Body" on page 4, we know that "Girls and boys look different from each other, but their bodies work in the same ways." So, the correct answer is False.
- 2. False.** According to section "Muscles" on page 8, we know that "Dancing is a really fun way to exercise." So, the correct answer is False.
- 3. True.** According to section "Inside My Body" on page 10, we know that "They help you to breathe, to eat, and even to think." So, the correct answer is True.
- 4. False.** According to section "Touch and feel" on page 19, we know to "Keep away from a sea urchin or it will sting you with its prickly spines!" So, the correct answer is False.
- 5. True.** According to section "Staying well" on page 23, we know that "If you cut your skin, wear a bandage to keep it clean while it mends." So, the correct answer is True.
- 6. True.** According to section "Staying well" on page 23, we know that "A short nap gives your body a rest, so that you are ready to start all over again." So, the correct answer is True.