



## ANTI-BULLYING BASICS

# Bullied by Groups

What is bullying? Why do people in social groups turn to bullying? What are some of the negative effects of group bullying? Read *Bullied by Groups* to find out!

### What did you learn?

#### QUESTIONS

1. Verbal bullying includes ...
  - a. Name-calling, teasing, and inappropriate comments
  - b. Harassment and abuse via a cell phone, on social media sites, or online
  - c. Deliberately excluding someone from social events
  - d. Hitting, kicking, and spitting
2. If you join a group and discover that it involves hazing, you should ...
  - a. Get your friends to join the group with you since there is strength in numbers
  - b. Refuse to participate in activities that will hurt you or others
  - c. Stay silent about the hazing
  - d. Go along with the hazing and not report it
3. Groups bully others who are ...
  - a. Shy and quiet
  - b. Have no relation to them
  - c. The same as them
  - d. Different from them
4. Bullying people could result in ...
  - a. An effect on the person's self-esteem and self-image
  - b. An improvement in their grades
  - c. An improvement in their mood
  - d. No change in the overall mood of the person
5. What are *scare tactics*?
6. What is *sibling rivalry*?

#### TRUE OR FALSE?

- |       |  |       |  |
|-------|--|-------|--|
| _____ | 1. A clique is a group of people who exclude others.           | _____ | 4. Kids with developmental disabilities are often bullied by other children.           |
| _____ | 2. Being a part of a group could give you a sense of identity. | _____ | 5. By covering up the bullying and not reporting it, the bullying is unlikely to stop. |
| _____ | 3. All social groups bully others.                             | _____ | 6. Most children have taken part in some form of bullying.                             |



## ANSWERS

- 1. a. Name-calling, teasing, and inappropriate comments.** According to section “What is Bullying?” on page 4, we know that “Verbal bullying includes name-calling, teasing, inappropriate comments, threats, and abusive comments.” So, the correct answer is A.
- 2. b. Refuse to participate in activities that will hurt you or others.** According to section “Joining the Club” on page 12, we know that “If you join a group and discover that it involves hazing, it is important to refuse to participate in activities that will hurt you or others” So, the correct answer is B.
- 3. d. Different from them.** According to section “Who Gets Bullied” on page 16, we know that “Groups that bully usually pick on anyone whom they define as different.” So, the correct answer is D.
- 4. a. An effect on the person’s self-esteem and self-image.** According to section “Effects of Group Bullying” on page 26, we know that “Being bullied can easily alter a person’s self-image and self-esteem.” So, the correct answer is A.
- 5.** According to page 46, *scare tactics* means “threatening violence or exclusion to scare someone into doing what they want.”
- 6.** According to page 46, *sibling rivalry* is “fighting, disagreements, or competition between siblings (brothers and/or sisters).”

## TRUE OR FALSE? ANSWERS

- 1. True.** According to section “Types of Social Groups” on page 6, we know that “Maybe others call your set a clique — a tightly knit group of friends that tends to dress and act the same and that excludes any not in the clique.” So, the correct answer is True.
- 2. True.** According to section “Group Identity” on page 8, we know that “A group of friends can give you a sense of identity — of who you are — that may make you feel more confident.” So, the correct answer is True.
- 3. False.** According to section “Group Bullying” on page 14, we know that “Many social groups are harmless and great fun to be in.” So, the correct answer is False.
- 4. True.** According to section “Bullying and the Disabled” on page 18, we know that “Children with developmental disabilities are more likely to be bullied than those with physical disabilities.” So, the correct answer is True.
- 5. True.** According to section “Bullying and the Disabled” on page 24, we know that “But by not speaking up, or by hiding the effects of bullying, they are covering up for the bullies, and the bullying is unlikely to stop.” So, the correct answer is True.
- 6. True.** According to section “Passing on the Bullying” on page 28, we know that “Surveys at schools in the United States have found that as many as four out of five students said they had taken part in some form of bullying.” So, the correct answer is True.