



## ANTI-BULLYING BASICS

# Bullied by Boys

What is bullying? Why do girls bully? What sort of boys bully? Read *Bullied by Boys* to find out!

### What did you learn?

#### QUESTIONS

1. Most bullying occurs during ...
  - a. Adolescence
  - b. Adulthood
  - c. Old age
  - d. Infancy
2. One reason that bystanders might not intervene when someone is being bullied is ...
  - a. They are stronger than the bully
  - b. They like "telling" on their classmates
  - c. They do not know the person being bullied
  - d. They don't know what to do
3. In the long term, bullying can cause ...
  - a. Higher grades
  - b. High self-esteem
  - c. Depression
  - d. Emotional stability
4. If you are being bullied you should ...
  - a. Get in a fight with the bully
  - b. Call the bully names
  - c. Keep the information to yourself
  - d. Walk away
5. What is a *bystander*?
6. What are *hazings*?

#### TRUE OR FALSE?

- \_\_\_\_\_ 1. A boy may bully if they are victims of physical abuse.
- \_\_\_\_\_ 2. Peer pressure is always negative.
- \_\_\_\_\_ 3. When someone is bullied, it is their own fault.
- \_\_\_\_\_ 4. If you are being bullied, you should report it to a trusted adult.
- \_\_\_\_\_ 5. When you see someone who is being bullied, you should be mean to them, too.
- \_\_\_\_\_ 6. People who are targets of bullying often have low self-esteem or a lack of self-confidence.



## ANSWERS

- 1. a. Adolescence.** According to section “What Sort of Boys Bully?” on page 8, we know that “They can be ages 2 or 92, though most bullying occurs during adolescence.” So, the correct answer is A.
- 2. d. They do not know what to do.** According to section “Bystanders” on page 24, we know that “Bystanders may not intervene because they don’t know what to do.” So, the correct answer is D.
- 3. c. Depression.** According to section “The Effects of Bullying” on page 26, we know that “Over the course of their lives, former targets of bullying may suffer from depression or emotional instability.” So, the correct answer is C.
- 4. d. Walk away.** According to section “Anti-Bullying Strategies” on page 30, we know that “Walk away — don’t run, even if you are afraid.” So, the correct answer is D.
- 5.** According to page 46, a bystander is “someone who watches an event but who does not intervene.”
- 6.** According to page 46, hazings are “initiation ceremonies that can often be dangerous and abusive in nature.”

## TRUE OR FALSE? ANSWERS

- 1. True.** According to section “Why Do Boys Bully” on page 6, we know that “Boys who are victims of physical abuse often feel powerless, angry, and insecure. Some boys become bullies to feel better about themselves.” So, the correct answer is True.
- 2. False.** According to section “Peer Pressure” on page 22, we know that “Sometimes this can be positive — your friends might encourage you to join a sports club or run for class officer.” So, the correct answer is False.
- 3. False.** According to section “Anti-Bullying Strategies” on page 30, we know that “The bully is the one at fault.” So, the correct answer is False.
- 4. True.** According to section “Find Support” on page 34, we know that “If you are being bullied, ask for help.” So, the correct answer is True.
- 5. False.** According to section “Stepping In” on page 38, we know that “Most importantly, always be kind to someone you know is being bullied.” So, the correct answer is False.
- 6. True.** According to section “Building Confidence” on page 42, we know that “It’s true that targets of bullying often have low self-esteem or lack self-confidence.” So, the correct answer is True.